



High Impact Tryout Series

Goal

To equip the athlete with the mental skills required to capitalize on all of the hard work they put in during the off-season.

Benefit from the same performance-enhancement assessment utilized by Professional and Olympic athletes to improve performance during the upcoming try-outs. No matter what your position or sport, staying focused, confident, and committed are essential elements in success. Your Mental Edge Coach will help you determine your specific concentration strengths and weaknesses and compare your mental game with the best athletes in the world.

Once armed with this knowledge, you and your Mental Edge coach will spend two coaching sessions targeting crucial areas most likely to boost your performance for Try-Outs.

Result

Go into try-outs more prepared, focused, and confident than you ever have before!

High Impact Try-out Series includes:

One up-front Mental Game TAIS Assessment

One TAIS Assessment interpretation coaching session for the athlete and his/her parents. Receive comprehensive feedback on your TAIS performance assessment from a Mental Edge coach.

Two additional one-on-one Coaching Sessions for the athlete

Unlimited access with his/her Mental Edge coach between coaching sessions by phone, text, or email.

Introductory Offer \$499.00*

*Introductory price available through November 15th.

Call or email Dawn today to start your preparation for Try-Outs

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Get the EDGE on your tryouts!