



# TAIS OF MENTAL EDGE

**B**enefit from the same performance-enhancement assessment utilized by Professional and Olympic athletes to improve performance under pressure. No matter what your position or sport, staying focused, confident, and committed are essential elements in success. Your Mental Edge Coach will help you determine your specific concentration strengths and weaknesses and compare your mental game with the best athletes in the world.

**O**nce armed with this knowledge, you and your Mental Edge coach will spend two coaching sessions targeting crucial areas most likely to boost your performance.

## TAIS of Mental Edge Performance Package includes:

**O**ne up-front Mental Game TAIS Assessment

**O**ne TAIS Assessment interpretation coaching session for the athlete and his/her parents. Receive comprehensive feedback on your TAIS performance assessment from a Mental Edge coach.

**T**wo additional one-on-one Coaching Sessions for the athlete

**U**nlimited access with his/her Mental Edge coach between coaching sessions by phone, text, or email.

## Introductory Offer \$499.00\*

\*Introductory price available for a limited time only.

**Call or email Dawn today to start experiencing your TAIS OF MENTAL EDGE!**